

KILKENNY COUNTY COUNCIL LIBRARY SERVICE



Kilkenny County Council Library Service

Seirbhís Leabharlaine Chomhairle Contae Chill Chainnigh



What is it?

at Your Library

Healthy Ireland at Your Library offers the following resources and services to library users in every branch in the country.

There is a comprehensive book stock on health and wellbeing for both children and adults in all Kilkenny Library Branches.

Talks, discussions and workshops with a focus on physical health and mental health take place in our library branches

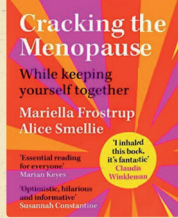
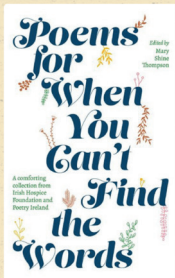
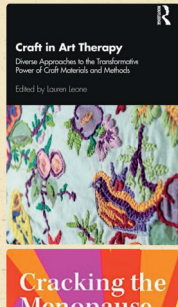
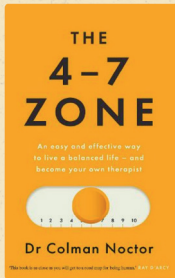
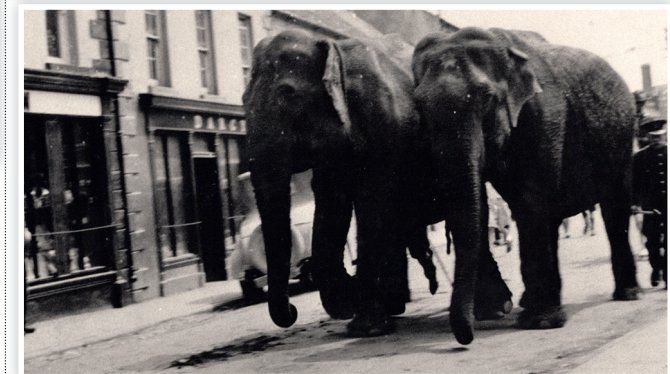


Kilkenny Digital Archive

Kilkenny Digital Archive aims to make the collections of Kilkenny County Library's Local Studies' Department and Kilkenny County Council accessible to a wider audience. In partnership with local individuals, communities, organisations and our branch network, it will offer access to locally themed collections

These Images are from Grai-

guenamanagh, County Kilkenny taken in March 1932 of elephant and trainer "Salt and Pepper" (pet names used by elephant trainer at the time), & the First Communion Class on La Féile Pádraig 1916 taken from Graiuenamanagh Memories Archive, Kilkenny County Council Library Services Kilkenny Digital Archive, <https://digital-archive.kilkenny.ie/about/>



Kilkenny to mention just a few. We are also fortunate to work with individual facilitators who are experts in their field and who bring a wealth of reliable knowledge and information to our users.



This year we will welcome visits from the Marie Keating Foundation whose mission is to make cancer less frightening

There are plans for chair yoga and breast health talks in library branches also so keep an eye on our Kilkenny library website and social media platforms for upcoming Healthy Ireland at Your Library events taking place this year.

UPCOMING EVENTS

MARCH

15

LED St. Patrick's Day Card Workshop
Graig Library, 3.15pm. Booking is required.

19

Toddler Storytime
Castlecomer Library, 2pm. All are welcome.

20

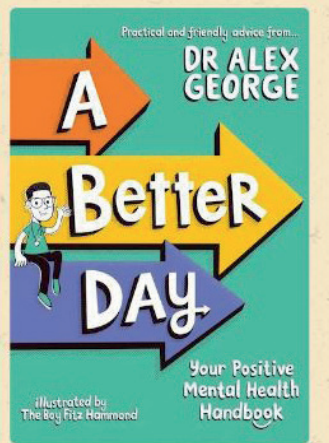
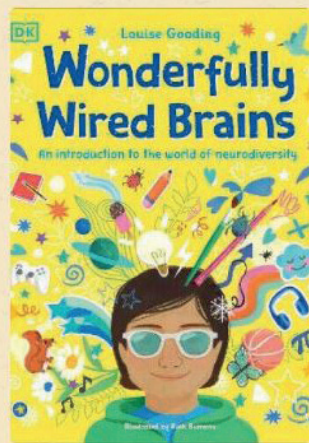
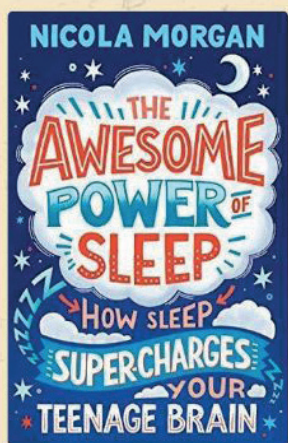
Ciorcal Comhrá Gaeilge
Loughboy Library, 11am. Béidh faillte romhat!

22

Lego Freeplay Friday
City Library, 3.30pm. All are welcome.

28

Junior Chess Club
Thomastown Library, 3.15pm. All are welcome.



New eBooks and eAudiobooks are available through the Borrow-Box app under the Healthy Ireland section

Borrow, download and enjoy here
Your library in one app.



throughout the year. In 2023, we hosted over 30 events across the county for both adults and children. These included talks on gut health, back health, healthy eating, hill walking and mindfulness.

We were very happy to work with partners such as The Irish Heart Foundation, Mental Health Ireland, Alone and Healthy

by enlightening, and are one of the leading voices in Ireland for cancer prevention, awareness and support. Their mobile unit will visit Graiuenamanagh library later in the year and the foundation will also host talks on men's and women's health in some of our other library branches.